

**THE CHURCH OF ENGLAND**  
in  
**MILLOM and HAVERIGG**



**Holy Trinity Church**



**St George's Church**



**St Luke's Church**

**May 2026**

**50 Pence**

## THE PARISH OF MILLOM

The Parish of Millom consists of the town of Millom together with the villages of Haverigg and The Hill.

There are three churches in the parish:

Holy Trinity, the ancient parish church of the area, where Christians have worshipped for at least a thousand years and worshippers today enter the church through a doorway dating to about 1120AD.

St George's Church, whose spire can be seen from miles away, was opened in 1877 when the town of Millom grew up following the discovery of a rich seam of haematite iron ore.

St Luke's, at Haverigg, opened in 1891, was initially a daughter church of St George's but is now a parish church in its own right.

Sunday services take place at Holy Trinity and St George's Church on alternate Sundays. St Luke's, being a Festival Church, has occasional Sunday services. All three churches are available for baptisms, weddings and funerals. Each has a churchyard, but in the case of St George's, new graves are not normally permitted. Millom Cemetery, adjacent to St George's Church, is administered by Cumberland Council.

St Luke's Institute is available for meetings, events and other social purposes: please contact Audrey Akers (773736)

### PARISH DIRECTORY

Priest-in-Charge: Vacant

Millom PCC Lay Chair: Margaret Bratley (773337)  
Secretary: Pamela Bell (773154)  
Treasurer : Geoff Brunskill (772622)

### CHURCHWARDENS

Holy Trinity: Margaret and Geoff Edmondson (772084)  
St George's: Beresford Moyle Rosser (231797)  
St Luke's: Vacant

### **Useful web sites:**

Our benefice: [www.millomchurchofengland.org.uk](http://www.millomchurchofengland.org.uk)  
Christenings [www.churchofenglandchristenings.org](http://www.churchofenglandchristenings.org)  
Weddings: [www.yourchurchwedding.org](http://www.yourchurchwedding.org)  
Funerals: [www.churchofenglandfunerals.org](http://www.churchofenglandfunerals.org)

## ***SERVICES FOR MAY***

<b><i>May 3<sup>rd</sup></i></b> <i>Easter 5</i>	St George's	10.30am	All Together
<b><i>May 6<sup>th</sup></i></b>	St George's	9.30am	Morning Prayer
<b><i>May 10<sup>th</sup></i></b> <i>Easter 6</i>	Holy Trinity	10.30am	Service of the Word
<b><i>May 13<sup>th</sup></i></b>	St George's	1.30pm	Baptism
<b><i>May 14<sup>th</sup></i></b> <i>Ascension Day</i>	St George's	9.30am	Morning Prayer
<b><i>May 17<sup>th</sup></i></b> <i>Ascension Sunday</i>	St George's	10.30am	Parish Communion
<b><i>May 20<sup>th</sup></i></b>	St George's	1.30pm	Baptism
<b><i>May 24<sup>th</sup></i></b> <i>Pentecost</i>	St Luke's	9.30am	Morning Prayer
<b><i>May 27<sup>th</sup></i></b>	Holy Trinity	10.30am	Service of the Word
<b><i>May 31<sup>st</sup></i></b> <i>Trinity Sunday</i>	Holy Trinity	1.30pm	Baptism
	St George's	9.30am	Morning Prayer

On **May 17<sup>th</sup>**, our Parish Communion will be led by our archdeacon, The Venerable Vernon Ross

***Coffee and Chat***  
*Every Friday*

*10am to 12 noon in St Luke's Institute*



### ***Magazine:***

The next edition of the magazine will be for June. It will be available from **May 28<sup>th</sup>**. Please let me have any items for inclusion by **Wednesday, May 20<sup>th</sup>**.

If you do not already receive a copy of the magazine and wish to do so, please contact Margaret Bratley on 01229 773337 or email me: [margaret.bratley@btinternet.com](mailto:margaret.bratley@btinternet.com)

My dear friends

## **One in Christ**

I am writing this article whilst I am away in Spain and here on the terrestrial television there is a lot of sport and in particular a lot of football, and it came to me that, it is sometimes said that sport has become the new religion. It certainly takes up more time, money and energy than most religious practice does. But it also brings people together in a sense of shared enjoyment, belief and commitment. We may favour sports that highlight individual prowess or those that are team games. Team games carry the extra challenge of a group of people having to work together to achieve their aim. When this does not work, the result can be mutual blame and a desire to find a scapegoat. When it does work, the shared celebrations add an extra expression to what has already been a remarkable display of how human beings can cooperate in often intricate and exceptionally demanding patterns.

For those who are turned off by any sport, the same miracle of collaboration can be observed in any music group. Less observed by the public are the engineers who create together the complex machinery, buildings and services we take for granted as part of our modern world. A lot of thought goes into the processes of creation. A similar amount of thought and ingenuity goes into the processes that help us work alongside and with one another rather than at loggerheads. The art of good management is to create the environment and atmosphere whereby the skills of all are recognised and used to achieve the intended goal. Again, this can be a tough and demanding challenge. It does not happen just because we hope it will.

Unity is a recurrent theme in the Gospels. Jesus offers his disciples the image of the love that exists between the Father and himself as the bedrock they can depend on. They will not have to depend on their own willpower or strength, it is the love of God as shown to them by Jesus, that will underpin all their words and actions.

The Gospels were written after the experience of the resurrection of Jesus and the sending of his Holy Spirit. they are written down as a

memory of what happened while Jesus was alive, but they are only understood through the experience of the risen Lord and his Spirit. It is only through this gift that the disciples are able to go out and express the love of God in all their thoughts, words and deeds. Whether we are reading the Acts of the Apostles or the letters of St Paul, the concern to create a community through the Holy Spirit dominates the apostles' thinking.

Christian communities are not always the most united of groups. With respect, just look around any church, do all the people in church always get on with each other, well of course they don't. Yet Jesus asks us to go out preaching the need to be one with others as well as ourselves. Can we do this without being hypocritical? I think that we can reassure ourselves by looking at the early disciples. They were often at odds with each other both before and after their experience of the risen Lord and his gift of the Holy Spirit. However, they do appear to have been better at sorting out their differences after Pentecost than before. It is as though they recognised in each other that gift of God's love and so gave each other the space to explore what that love was saying. In some cases, human fears had replaced that love, and they strove to explore and reveal where this had happened.

We are asked to do the same. The Christian ability to be one and to live, believe and work together in harmony is ultimately the gift of God's own love living within us. It will always be a challenge to express this fully. We will try shortcuts, we shall make assumptions, there will be times when we identify God's will too quickly with our own. There will be times when we will be afraid. But like the sunflower constantly turning its face to find the sun, so we are asked to turn our faces again and again to God, that it may be God's love that truly enlightens us and helps us to choose the right path.

May your faces in the coming weeks, months and years be constantly turned towards God, may you be just like the sunflower turning towards the glorious sunlight, may you be one in Christ.

Yours in the risen Christ

Fr Graham

# News from Holy Trinity



## News from Holy Trinity

### Advance Notice

### Charter Weekend

Exhibition of paintings by the late Jim Bilsborough at Holy Trinity from Friday 29<sup>th</sup> May to Sunday 31<sup>st</sup> May - 11.30am to 6.00pm. This is a unique opportunity to see and possible purchase Jim's artwork.

There will also be a talk given by Malcolm Bates on Saturday 30<sup>th</sup> May at 2pm. Jim was a pupil of Malcolm's father, David. Refreshments available.

### Charter Lunch

As a result of holding the art exhibition on Friday 29<sup>th</sup> May in church, **the Charter Lunch will now be held on Friday 22<sup>nd</sup> May at 12 noon.**

Three-course Buffet Lunch + Prosecco £10.00

**Please book in advance Tel: 01229 772084.** 18 places still available.

Apologies for the further alteration. We forgot St George's Light Lunches on 5<sup>th</sup> June.

### Easter Journey

Bishop Peter and Sue Ramsden sent some pictures of the services held over Easter. They have been thanked for their leadership on the Easter journey from Palm Sunday at St Luke's to Easter Day at Holy Trinity. Bishop Peter encouraged and educated the faithful congregations throughout Holy Week and we are all truly grateful.

### Easter Activity Sessions for Children

Thank you to Rebecca and team for two Easter activity sessions in St George's and Holy Trinity. So much hard work went into the preparation and it is pity that more children did not attend.

### Advance Notice

A concert of medieval music performed by the Dorian Players on 25<sup>th</sup> July at 3pm in Holy Trinity Church. Pimm's and strawberry scones will be served in the interval. The ideal combination on a summer afternoon. Tickets £12. **Please book in advance Tel: 01229 772084.**

It is hoped that the performance will raise much-needed funds for the restoration of the Fish Window.

**Margaret and Geoff Edmondson, Churchwardens**



## Letter from St George's Church

Sunny days are here!

Spring is developing and it is WONDERFUL to see the trees starting to green again and daisies and dandelions appearing in the hedgerows. Summer is around the corner and even the bluebells are appearing.

Last month, we held our AGM and I am really pleased to tell you that we now have 2 more wardens join me in the responsibilities of maintaining the church and its service to the community – Andrew Gibson will join me as a Church Warden and his wife, Fiona Gibson has agreed to become Deputy Church Warden. To say I am thrilled is an understatement and I am very grateful.

The DCC we have is something I really value as they are made up of people who give up their time to support the church in different ways – which, if I did not have their support, would have made my life as a Church Warden very difficult.

So, thank you to:

Geoff Brunskill - for all the little odd jobs you get to do and your work in the kitchen and counting the monies and your humour and checking up on me.

Marion Johnson- for the flower arrangements and ensuring our church looks lovely.

Hilary Coote – for the St George's Lunches on the first Friday of the month and the monthly quiz!

Lynda Merrill – for being our Treasurer and occasional minutes secretary

Barbara Andrews – for playing the organ and giving us music at services

Jeg Gray – our Bell Tower Captain

But also a big THANK YOU for those who are not on the DCC but also step up to support the Church when they can – you know who you are. And for all of you – I am grateful.

Enjoy the Spring!

**Berry**

## Scout Monthly Update



Since we have been back from camp we have all been busy working on different badges. We have all been working very hard!

The Scouts have been working very hard on their Emergency Aid Staged Badges. Recently we have been learning about how to give CPR and how to help someone who is choking. The scouts got to use Resusc Annie and the Choking Vest to help them with this. They loved getting to bash each other on the back and Charlie especially loved doing it to me..... a bit too much if you ask me!



The Cubs have been working on lots of little bits of badges. In particular, Communicator, Teamwork and they are getting better and better at their knots!

The Beavers and Cubs had a joint night to celebrate St George's Day the other day. St George is the patron saint of not only England but

Scouts as well. To celebrate we watched a video on the big screen to learn all about St George. They then worked together to create castles out of recycled materials. Despite not having many Cubs, they were very helpful to the Beavers. We are looking forward to another joint night soon due to two leaders being on their holidays.



Lots more fun to report soon!

By Rebecca Brown (Scout Leader)



## Easter Craft Activities

During the second week of Easter we held some Easter Craft Events. I would just like to thank all that supported these events by attending, helping or giving. Your support is greatly appreciated and we hope all the children who attended enjoyed themselves!



Rebecca

On the first Sunday of each month our **All Together** service at 10.30am at St George's always includes activities for children – and there's a lovely lunch afterwards!

Our **Annual Meetings** will take place on **Sunday, May 10<sup>th</sup>**, after the morning service at **Holy Trinity**. At the first, the Meeting of Parishioners, or the Annual Vestry, we will elect churchwardens for the three churches of the parish and at the second meeting, the Annual Parochial Church Meeting, we will review the past year and elect members to serve on the PCC. All the reports for the meetings are available to view on the church website [www.millomchurchofengland.org.uk](http://www.millomchurchofengland.org.uk). At the bottom of the front page there is a booklet, **APCM 2026** which contains all the reports and financial information so that we will not need to go through every report in detail at the meeting. At this difficult time when we are without a priest in charge, it would be good to show support for all those working hard to keep things going.

## Growing Old Gracefully

St Francis of Assisi, is often remembered for his profound commitment to simplicity, humility, and reverence for all creation. Though much of the popular stories around St Francis centres on his youth and middle years—his dramatic renunciation of wealth, his founding of the Franciscan Order, and his love for animals and nature—the lessons of his later years offer much to reflect on ageing gracefully. We live in a world often obsessed with youth and material success. St Francis’s approach to growing old is to encourage us to age with dignity, peace, and purpose.

From the moment he turned away from his affluent upbringing, Francis embraced a life of radical simplicity. He wore plain clothing, lived in modest dwellings, and ate whatever food was provided. This simplicity was not born of deprivation but of freedom—a freedom from the anxieties of possession and competition. As he aged, Francis’s commitment to simplicity only deepened. His physical frailty and increasing blindness in his final years did not embitter him; instead, they drew him closer to the core of his beliefs: that true wealth lies in spiritual depth rather than material accumulation.

Growing old often brings with it the shedding of many things—be it roles, possessions, or ambitions. In this inevitable process of letting go, the example of St Francis offers a gentle guide. Rather than resisting the changes that age brings, he welcomed them as opportunities for spiritual renewal and deeper connection with God and others. His life demonstrates that simplicity is not a loss, but a spaciousness—a clearing away of clutter to allow what truly matters to flourish.

St Francis’s later years were marked by increasing physical suffering. Afflicted with illness and near blindness, he accepted his limitations with humility and gratitude. There is a legend that, when confronted with pain and discomfort, Francis referred to his body as “Brother Ass”—a beast of burden to be treated with

kindness but not indulged. This gentle humour and acceptance of bodily decline model an attitude of grace towards ageing that contrasts sharply with societal pressures to deny or hide the signs of growing old.

The humility with which St Francis approached his own ageing is deeply countercultural. In a world that often equates worth with productivity and youth, Francis's willingness to be weak, vulnerable, and dependent on others is both radical and liberating. He reminds us that there is dignity in accepting help, beauty in vulnerability, and wisdom in embracing the limits of the body.

One of the gifts that ageing can offer is the opportunity for greater contemplation. As the noise and busyness of life recede, there is space for deeper reflection on meaning, faith, and relationships. St Francis's later life was increasingly contemplative—marked by prayer, song (such as his famous "Canticle of the Sun"), and a profound sense of unity with all creation. His simplicity was not just external but rooted in an interior stillness.

For those seeking to grow old gracefully, Francis's example suggests that ageing is not a diminishment but a ripening. It is a time to cultivate gratitude for the present moment, to forgive oneself and others, and to find joy in the ordinary. Simplicity becomes a spiritual discipline that enables us to see beauty in small things and to cherish what remains, rather than mourn what is lost.

In the final analysis, St Francis of Assisi's approach to life and ageing offers enduring wisdom for our time. His embrace of simplicity, his humility in the face of physical decline, and his joyous acceptance of his circumstances point to a way of growing old that is serene, meaningful, and full of grace. In choosing to let go, to accept, and to be grateful, he found holiness not in grand gestures, but in the humble acceptance of each day as a gift. As we journey through the seasons of life, may the spirit of St Francis inspire us to age not just with years, but with grace.

## Growing hope in a small city space

**In Nairobi, Fridah is using urban farming to protect her family from hunger and build a more secure future.**

**In the crowded and bustling settlements of Nairobi, most parents wake every single day knowing that they must go and earn money, otherwise their children won't eat that evening. It's a precarious and frightening daily struggle that no family should have to face.**

For Fridah Moraa, this pressure is constant. A recently widowed grandmother, she is now the sole provider for her family. Rent, school fees, water and food all depend on what she can earn.



Fridah's situation began to change when she joined Imarisha Kilimo, an urban farming project run by Christian Aid's partner, Beacon of Hope. At first, the idea felt impossible: 'I was wondering, where can someone farm here in Nairobi?' But through training, tools and seeds, Fridah began to see what was possible — even

in the smallest spaces. 'I discovered I could sow here. Right where I stand,' she shared.

Hidden at the end of a narrow alley, behind a simple gate, Fridah has created something remarkable. In a place where you'd never expect it, vegetables now grow in repurposed containers, and leafy greens climb every available space.

Here, in the heart of the city, Fridah is growing her own food. She now grows kale, tomatoes and indigenous vegetables — some to feed her family, and some to sell at her market stall. For the first time, she has a more reliable source of income. As she puts it, 'Now I can plan. I can buy this; I can buy that. I can help my family.'



Her small urban farm is doing more than putting food on the table. It's bringing stability and new possibilities. Watching her crops grow brings a deep sense of pride: 'When what I have planted grows — that is what makes me happy,' she says. 'When I get money that I have earned — that is what makes me happy.'

That pride runs through everything she does. 'I am proud to eat what I've produced. This is my own work.'

**Climate Fresk**  
**Making Sense of Climate Change**  
**- a community workshop in Millom**

What do aviation and flooding in Cumbria have to do with each other? And how are melting glaciers linked to refugees around the world? These are some of the questions explored in the Copeland Climate Fresk, happening at Millom Network Centre on Tuesday 12th May, from 10am to 1pm.

Led by local climate charity Futureproof Cumbria, the Climate Fresk is a friendly, hands-on workshop where people work in small groups to build a visual “map” of the causes and effects of climate change. Using illustrated cards based on the latest science from the United Nations, the activity makes complex issues easier to understand and discuss. After piecing together the Fresk, there’s a guided conversation about what climate change means for our local area, and how communities like ours can become more resilient and sustainable. There are no slides or lectures, and no prior knowledge is needed. The session is designed to be a safe and supportive space for discussion. Thanks to funding from the Copeland Community Fund, the workshop is free for anyone who lives, works or studies in Copeland. Free transport is available from Millom town centre. You can find out more or book your spot by emailing [training@futureproofcumbria.org.uk](mailto:training@futureproofcumbria.org.uk), visiting [www.futureproofcumbria.org.uk/training](http://www.futureproofcumbria.org.uk/training), or by calling 01768 593277. Whether you come for new ideas, for better understanding, or for good conversation, all are welcome to join.

## Dates

### May

<b>Fri 1<sup>st</sup></b>	<b>12 noon</b>	St George's Lunches <b>CANCELLED</b>
<b>Sun 3<sup>rd</sup></b>	<b>10.30am</b>	All Together at St George's
<b>Sun 10<sup>th</sup></b>	<b>11.39am</b>	Annual Meetings at Holy Trinity
<b>Thu 14<sup>th</sup></b>	<b>11am</b>	Ascension Day Communion at St George's
<b>Fri 15<sup>th</sup></b>	<b>10.30am</b>	St George's DCC meeting in church
<b>Tue 19<sup>th</sup></b>	<b>7pm</b>	PCC Meeting with Archdeacon at Holy Trinity
<b>Wed 20<sup>th</sup></b>	<b>6pm</b>	Holy Trinity DCC meeting in Church
<b>Fri 22<sup>nd</sup></b>	<b>12noon</b>	Trinity Lunch at Holy Trinity
<b>Sun 24<sup>th</sup></b>	<b>10.30am</b>	Pentecost Service at St Luke's Church
<b>Fri 29<sup>th</sup> --31<sup>st</sup></b>		Exhibition of paintings by Jim Bilsborough
<b>Sat 30<sup>th</sup></b>	<b>2pm</b>	Talk on paintings by Malcolm Bates

### June

<b>Wed 3<sup>rd</sup></b>	<b>2pm</b>	Meeting of Milom PCC at St George's
<b>Fri 5<sup>th</sup></b>	<b>12 noon</b>	St George's Lunches in the Pensioners' Hall
<b>Sun 7<sup>th</sup></b>	<b>10,30am</b>	All Together with lunch at St George's



## READINGS FOR SUNDAYS

### SUNDAY, MAY 3<sup>rd</sup>, EASTER 5

Acts 7:55-end, 1 Peter 2:2-10, John 14:1-14

**Gold or White**

### SUNDAY, MAY 10<sup>th</sup>, EASTER 6

Acts 17:22-31, 1 Peter 3:13-end, John 14:15-21

**Gold or White**

### SUNDAY, MAY 17<sup>th</sup>, ASCENSION SUNDAY

Acts 1:6-14 1 Peter 4:12-14; 5:6-11, John 17:1-11

**Gold or White**

### SUNDAY, MAY 24<sup>th</sup>, PENTECOST

Acts 2:1-21, 1 Corinthians 12:3b-13, John 20:19-23

**Red**

### SUNDAY, MAY 31<sup>st</sup>, TRINITY SUNDAY

Isaiah 40:12-17,27-end, 2 Corinthians 13:11-end, Matthew 28:16-end

**Gold or White**

**FROM THE REGISTERS IN APRIL**  
**and for your prayers**

**BAPTISM**

Tilly Rose MELLEEN                      St Luke's Church                      April 12<sup>th</sup>

**CONFIRMATION**

Diane HARRIS                      St George's Church                      April 4<sup>th</sup>

**FUNERALS**

Donald ROEBUCK – RIP - March 6<sup>th</sup>  
St George's Church and Millom Cemetery                      April 2<sup>nd</sup>  
Paul Ian DOBSON – RIP – March 21<sup>st</sup>  
St George's Church and Burial in Holy Trinity Churchyard                      April 10<sup>th</sup>  
Janet Mary BEAUMONT – RIP – April 6<sup>th</sup>  
St Luke's Church and Churchyard                      April 17<sup>th</sup>

**Prayer for a New Parish Priest:**

God our Father,

You have welcomed each one of us in Jesus  
and called us to be His Body in this place.

Send us your Holy Spirit at this time of  
uncertainty and change to fill us with vision,  
energy and faithfulness in prayer, that we  
may be true to our calling to bring new  
life to our community

And guide with your heavenly wisdom those  
who are to choose a new incumbent for the parish  
and that the one we receive may be  
a wise and gentle shepherd of your people,  
ready to serve us with joy,  
to build us up in faith,  
and to lead us by example  
in loving obedience to your son,  
our Saviour, Jesus Christ.    Amen

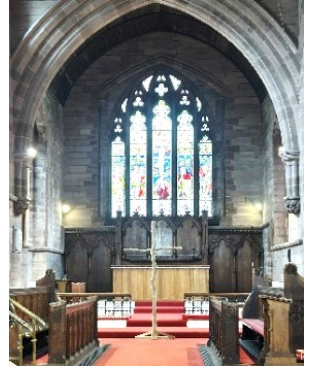
## Our Easter Journey

Bishop Peter led us on a remarkable journey as we started by journeying into Jerusalem on **Palm Sunday**.

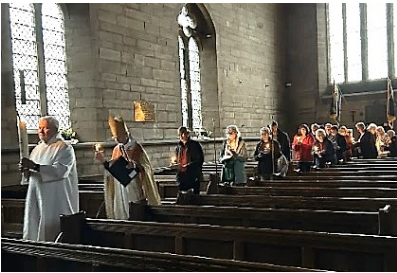


By **Maundy Thursday** it was time for foot washing before we shared the Last Supper. The scene changes again as a vigil is kept in the Garden of Gethsemane.

**Good Friday** began with the trials of Jesus and culminated in his crucifixion.



The gloom as we arrived on **Easter Eve** was dispelled as candles were lit and we processed round the church, spreading the light and celebrating Jesus' resurrection with the Exultate. We also participated Diane's confirmation



**Easter Day** was joyfully celebrated at Holy Trinity as we all proclaimed

**'Alleluia! Christ is risen!  
He is risen indeed! Alleluia!'**